

## SIDNEY GOLDSTEIN

### TALKS ABOUT 3 BASKETBALL MYTHS

Myth 1: The play is the cornerstone of the offense.  
*The key to team offense involves players having the necessary individual skills to react to the defense.*

Myth 2: Players need much practice time to learn plays.

*A team needs an offensive pattern of movement which can be learned in just one day, not plays.*

Myth 3: Games/scrimmages are great teaching tools.  
*A game/scrimmage is a test of what a player knows or what has been practiced. Because of a lack of timely repetition and timely correction of mistakes, games only have a small role in the learning process.*

Visit [mrbasketball.net](http://mrbasketball.net) for more about myths.

## How

### THE BASKETBALL COACH'S BIBLE

*will help you ...*

- ✓ shows how to best to plan and run practice
- ✓ supplies two hundred field tested lessons
- ✓ systematically teaches each skill, step-by-step
- ✓ no skipping basic steps essential to your success
- ✓ presents strategies, a cool down, stats and more
- ✓ saves you time by giving methods that work
- ✓ 14 videos detail every lesson in the book

### COACHES TELL YOU ABOUT THE BASKETBALL COACH'S BIBLE

- ★ *"By following the steps in your book I won the city championship in my first year."*  
**Scott Wiley, Harrison, IN**
- ★ *"People who know basketball ... say this is the best book on fundamentals they have seen."*  
**Robert Kuiserling, MO**
- ★ *"A must for a beginning or experienced coach."*  
**Lurline Jones, University. City HS, PA**
- ★ *"If you love basketball, you will love The Coach's Bible."*  
**Jim Tucker, Englewood HS, NE**
- ★ *"The best books I have seen. The best money I've spent."*  
**Gregory S Bigg, Howell, NJ**
- ★ *"Thanks for taking the time to break the game down, making it understandable and teachable."*  
**Jim Tade, Brooklyn Park, MN**

## Videos --NEW LOWER PRICES!!!!

Check for current prices & super discounts.

**Special DVD Price \$24.95 each, 10% off sets;**

VHS \$24.95; 20% off sets. DVD's are DVD-R format. Buy videos individually or as sets. The videos detail information presented in The Basketball Coach's Bible and The Basketball Player's Bible

### Video Sets

#### The Shooting/Dribbling Set: 5-8

The key to shooting is shooting technique, not aim. That's why zillions of repetitions yields little results. Video 5 shows how to develop and maintain shooting technique. Video 6 shows how to practice without destroying technique as well as presents a special free throw technique. Video 7 deals with shooting under game-like pressure. Video 8 makes any player a good dribbler.

#### The Defense Set: 9-11

The key to defense is defensive footwork and conditioning. Video 9 deals with the two major defensive steps, defensive position, and on-ball coverage. Video 10 deals with off-ball coverage which is the key to team defense. Several 2-on-1, 2-on-2, and 1-on-2 situations are also covered including the trap. Video 11 deals with team defense including person-to-person, zone, and half and full court traps.

#### The Offense Set: 12-14

The key to offense is reacting to the defense, not rehearsed plays. An effective offense can be taught in 15 minutes to players with offensive skills. Video 12 deals with passing, catching, cutting, and faking skills. Video 13 covers TLC (timing, looking, & communication) skills. Video 14 covers basic and advanced team offensive patterns.

#### The Basic Set: 1-4

The basic set shows a little of everything, but videos 5-14 more fully explain each drill. Video 1 covers each individual skill. Video 2 covers all team skills. Video 3 works through a practice using the planning guide. Video 4 presents 40 ways to get more out of each practice.

#### The Starter Set: 5,8,9,12

The starter set gets you started on all the key skills. The set includes these videos: Shooting 1; Dribbling; Defense 1, and Offense 1.



## SIDNEY GOLDSTEIN, TELLS YOU ABOUT HIS BOOKS & VIDEOS

*"This series is about fundamentals. It is a step back to the basics and a step forward to improved training methods. It is a place to start and to return again and again."*

[mrbasketball.net](http://mrbasketball.net)

### Clinics

#### Players Clinic

**New** 5 day clinic for players. See website for details.

#### Coaches Clinic

Annual 2 day clinic. See website for details.

### Books

#### The Basketball Coach's Bible

\$24.95, 352 pgs; Everything about coaching.

#### The Basketball Player's Bible

\$19.95, 270 pgs; All individual fundamentals.

#### The Basketball Shooting Guide

\$7.45, 45 pgs; Yields permanent improvement.

#### The Basketball Scoring Guide

\$7.45, 47 pgs; Teaches pro moves step-by-step.

#### The Basketball Dribbling Guide

\$7.45, 46 pgs, Anyone can be a good dribbler

#### The Basketball Defense Guide

\$7.45, 46 pgs, Defense in every situation.

#### The Basketball Pass Cut Catch Guide

\$7.45, 47 pgs, Be an effective team player.

#### Basketball Fundamentals

\$7.45, 46 pgs, Covers all fundamentals.

#### Planning Basketball Practice

\$7.45, 46 pgs, Use time effectively, plan, plus.

**The 9 Book Series ~\$20 off \$78.00, All 9 books..**

**The Bible Set ~20 % off \$39.95 Both Bibles.**

### HOW TO ORDER

Call 800-979-8642

Phone/Fax 215-438-4459 or visit:

[mrbasketball.net](http://mrbasketball.net)

Use a credit card, PO (organizations only), check (we hold checks for 10 days) or money order.

Our address: Golden Aura Publishing,  
440 W Sedgwick St, D121, Phila, PA 19119